Bellefaire JCB

Meet Our Providers

Monarch

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Monarch Residential: Dr. Andrew Kreger, Dr. Emily Cao, Eric Feitl



Andrew Kreger, DO
MBA North Psychiatry

Dr. Kreger is a child & adolescent psychiatrist specializing in the treatment of mental health issues in children, adolescents, and young adults. He is board certified by the American Board of Psychiatry and Neurology. After attending medical school at Lake Erie College of Osteopathic Medicine, Dr. Kreger completed his general psychiatry training at The University of Toledo, where he served as chief resident. Dr. Kreger then completed fellowship training in child & adolescent psychiatry at University Hospitals/Rainbow Babies and Children's Hospital. He is a member of the American Academy of Child & Adolescent Psychiatry, the American Psychiatric Society, and the Northeast Ohio Society of Child & Adolescent Psychiatry.

Dr. Kreger has published work in academic medical journals, presented at national psychiatry conferences, and lectured on a wide variety of topics relating to mental health. He also serves as a volunteer faculty member in the Department of Child & Adolescent Psychiatry at University Hospitals/Case Western Reserve University, helping to teach psychiatry residents and fellows.

Dr. Kreger enjoys most sports, playing tennis and soccer during the year and is an avid Cleveland Guardians fan. He also has an undefeated collegiate tennis record. Otherwise, time is spent with family, friends, or reading from a growing pile of books.



Emily Cao, MD:
Chief Medical Officer

After joining the organization in 2021, Dr. Emily Cao became Bellefaire JCB's Chief Medical Officer in 2025. In her role as Chief Medical Officer, Dr. Cao oversees the provision of healthcare across a multitude of services for the organization. In addition to overseeing Bellefaire JCB's medical services, she is a practicing child and adolescent psychiatrist specializing in the treatment of mental health issues in children, adolescents, and young adults. She is board certified by the American Board of Psychiatry and Neurology.

After completing medical school at the University of Toledo College of Medicine, Dr. Cao served as Chief Resident for Consultation and Liaison Psychiatry during her adult psychiatry training at the University of Toledo Medical Center, where she was also recognized by the Department of Psychiatry with the Excellence in Teaching Award. She then completed her child and adolescent psychiatry fellowship at University Hospitals of Cleveland/Rainbow Babies and Children's Hospital.

Dr. Cao has published work in academic medical journals, presented at national psychiatry conferences, and lectured on a wide variety of topics relating to mental health. She also serves as a volunteer faculty member in the Department of Child & Adolescent Psychiatry Departments at University Hospitals/Case Western Reserve University and Akron Children's Hospital/NEOMED.

In her free time, Dr. Cao enjoys gardening, creating art, traveling to warm destinations and family gatherings.



Eric Feitl, MA, BCBA, COBA
Senior Director of Residential Autism Services

Eric Feitl, MA, BCBA, COBA is the Director of Residential Autism Services for the Monarch Center for Autism. He oversees both the Qualified Residential Treatment Program (QRTP) and Psychiatric Residential Treatment Facility (PRTF) located on Bellefaire's Shaker Heights campus. Eric holds an undergraduate degree in Psychology from Ohio University, completed his preliminary graduate studies at Cleveland State University where he received a certification in Applied Behavior Analysis, and completed his graduate degree in Applied Behavior Analysis in Practice from Florida Institute of Technology. Eric became a Board-Certified assistant Behavior Analyst (BCaBA) following his certification completion at Cleveland State University. Later, Eric became a Board-Certified Behavior Analyst (BCBA) after completion of his graduate studies at Florida Institute of Technology.

In 2018, Eric joined the Bellefaire affiliate, Monarch Lifeworks, where he served as a Treatment Specialist in their group homes and intermediate care facilities. Next, Eric supported as a Floor Supervisor in their programs and soon after served in the role of Clinical Coordinator for the Supported Living division of Monarch Lifeworks. In 2023, Eric transitioned to the Monarch Center for Autism, where he now devotes his clinical skills to the provision of evidenced-based treatment for children and adolescents with Autism and the development and growth of the professionals supporting our youth.

Eric's work focuses on supporting youth and adults diagnosed with ASD, intellectual disability, and co-occurring mental health diagnoses. He specializes in the training of professionals, parents, families, and caregivers in support and teaching strategies for their loved ones.

In his current role, Eric advances Monarch's mission of clinical excellence in the treatment of youth with severe challenging behavior. His work focuses on teaching functional communication, tolerance and acceptance skills, cooperation with medical procedures, independence in activities of daily living, reducing food selectivity and increasing food acceptance, and improving overall sleep hygiene.

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Monarch Residential Education: Jenny O'Keefe, Monica Fisher



Jennifer O'Keefe, LPCC-S
Senior Director of Monarch School

Jennifer O'Keefe, LPCC-S is the Director of Monarch School, overseeing both the residential education and day school students for Bellefaire's charter school (NPS) specializing in Autism. She holds an undergraduate degree in Art Therapy from Mercyhurst University and a graduate degree in Art Therapy and Counseling from Ursuline College.

Jennifer joined Bellefaire JCB in 2004 as a Child Care Worker in the Intensive Treatment Units, where she supported children and adolescents with behavioral health needs. While earning her master's degree she transitioned to the Partial Hospitalization and Group Therapy Department, expanding her clinical experience.

Jennifer has spent the last 17 years serving in a variety of leadership and supportive roles at the Monarch School and Monarch Boarding Academies, helping to advance the organization's mission of providing specialized educational and therapeutic services to autistic youth.

Most recently, Jennifer assumed the role of Director of the Monarch School, where her team strives to provide excellent educational services through an interdisciplinary approach that aims to improve quality of life for children with Autism and their families.



Monica Fisher, M.Ed., BCBA, COBA
Assistant Director for Monarch School

Monica Fisher, M.Ed., BCBA, COBA is the Assistant Director for Monarch School, overseeing both the residential and day school students for Bellefaire's charter school (NPS) specializing in Autism.

For 22+ years, Monica has worked with children and adolescents on the autism spectrum in both the residential and educational settings. Initially a Youth Counselor at the Monarch Boarding Academy, she transitioned to Monarch School as an Instructional Assistant while furthering her education, earning a master's degree in education and obtaining her teaching license in special education in 2010. While serving as an Intervention Specialist for Monarch School, Monica became a Board-Certified Behavior Analyst and Certified Ohio Behavior Analyst. Beginning in 2016, she served as the Director of the Behavior Department at Monarch School for 7 years.

In 2023, Monica transitioned to serving as the Director of Residential Education, overseeing and coordinating educational services at Monarch School for all the residents at the Monarch Boarding Academies. For the 2025-2026 school year, Monica assumed the role of Assistant Director of Monarch School.

Monica is passionate about the dissemination of evidence-based practices, effective training, and organizational behavior management. She serves as a QBS Safety-Care® Trainer and aims to provide exceptional clinical and educational services to all learners attending Monarch School.